

We work to make CASA's services safe for everyone.

We value the range of viewpoints that people with different backgrounds can bring.

Our services are more useful for everyone when they benefit from these differences.

We will not tolerate racial, sexual or other harassment against a user, visitor or staff member. Racist and sexist comments, or other behaviour that makes CASA's services feel less safe, are not tolerated.

CASA

Charity number 275334

Registered company number 1351584

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CASA

CASA

**Multiple Needs
Service**

drugs, alcohol

& mental

health support







The Multiple Needs Service

CASA's Multiple Needs Service provides psychological support for people who experience mental health and drugs & alcohol problems. We adopt a holistic approach to these problems, working with the whole person and their presenting difficulties.

The Multiple Needs Service has worked with clients in Islington and Camden since late 1995. The work with clients takes place in partnership with a range of statutory and non-statutory agencies. We also offer specialist training.

The Multiple Needs Service is well integrated with other mental health services. The Service plays an important role in helping clients to make and to maintain contact with other community services.

Who the service is for

-  People who are concerned about their drug and alcohol use, as well as their mental health.
-  Those who find it difficult to access mental health or drug and alcohol services.
-  Those who are using services, but who would like extra support in a community setting.
-  Residents of Camden who are aged 18 or over.

Contacting us

For further information, to make a referral or to arrange a meeting please contact **James Lakey**

020 7428 5954

What the service offers

The service helps individuals to stabilise, reduce or stop their drug & alcohol use, and to take steps to improve their mental well being. We draw on a range of psychotherapeutic approaches, which include cognitive behavioural interventions and psychodynamic methods.

We hold weekly sessions in which we provide assessments, advice, and individual and group support.

This is a free and confidential service.

Our current partners include

Community Mental Health Teams
Mind in Camden
PACE
Tottenham Mews Resource
Centre