

We work to make CASA's services safe for everyone. We value the range of viewpoints that people with different backgrounds can bring.

Our services are more useful for everyone when they benefit from these differences.

We will not tolerate racial, sexual or other harassment against a user, visitor or staff member. Racist and sexist comments, or other behaviour that makes CASA's services feel less safe, are not tolerated.

Charity number 275334

Registered company number 1351584

Patrons  
Tony Adams  
Lord Clarke of Hampstead

#### Charges

All of CASA's services are free to residents of Islington. Residents of other boroughs should contact CASA regarding costs and funding.

**CASA**

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**CASA**

## CASA's Services

*Helping  
people to  
reach their  
full  
potential.*

## *CASA's Services*

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CASA helps people in North London who have alcohol or drug problems. We help people to reach their full potential, and to build productive and fulfilling lives.

Women and men from all walks of life use our services. What they have in common is the desire for change.

Our unique approach brings together:

- a wide range of help including advice, counselling, groups, cognitive behavioural therapies, complementary therapies, skills training and social support
- welcoming and supportive communities of users
- a psychological understanding of the individual and of the therapeutic relationship

We strive, in all of our work, to show our users that they are valued and that we believe in their capacity for change. It is this respectful partnership with our users that provides the greatest support for their personal change.

## *CASA's Services*

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### **Alcohol Counselling Day Centre**

...is a welcoming day centre that helps people to deal with alcohol problems.

Offers a programme of groups, activities and complementary therapies.

Please call 020 7485 1945

### **CASA Family Service**

...helps families that are in difficulties because of parental use of alcohol or other drugs.

Please call 020 7561 7490

### **Families, Partners and Friends Service**

...helps individuals who are affected by someone else's drug or alcohol use.

The service provides advice, counselling and group sessions.

Please call 020 7428 5954

## *CASA's Services*

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### **Moving On Project**

...helps individuals to build a self-fulfilling life, free from alcohol misuse.

The Project helps with access to training, further education and jobs.

Please call 020 7428 5955

### **Older Persons' Service**

...helps people aged 55 and over, whose lives are complicated by alcohol use.

The service provides information, counselling and support groups.

Please call 020 7485 1945