

The Older Persons' Service

CASA's Older Persons' Service helps people over the age of 55 who are concerned about their alcohol use.





Older adults can face several problems at the same time - financial limitations, health problems, the death of a loved one, or isolation from family and friends. Sometimes drink can seem like a way to cope, but alcohol can itself become a problem.

Our aim is to help individuals to build upon their strengths:

- to reduce or to stop their alcohol use
- to maintain that change into the future

This is a free and confidential service.

Who the service is for

-  Residents of Camden and Islington who are aged 55 and over.
-  Older people whose lives have become complicated by the misuse of alcohol.
-  Older people who find it difficult to access alcohol services.
-  People who would like support in a community setting.

Contacting us

For further information,
to make a referral
or to arrange a meeting
please contact

Mike Fox or Kate Hancock
on 020 7485 1945

What the service offers

We take pride in our ability to meet the needs of older people and their families. All of CASA's staff have counselling, social work or medical backgrounds, as well as specific alcohol training.

Our specialist service offers older people:

- advice and information
- individual counselling
- home visits

We also run weekly
activity-based groups at
Highgate Newtown Community
Centre

For information please contact
Kate Hancock
on 020 7485 1945

Training and consultancy

We work to make CASA's services safe for everyone. We value the range of viewpoints that people with different backgrounds can bring.

Our services are more useful for everyone when they benefit from these differences.

We will not tolerate racial, sexual or other harassment against a user, visitor or staff member. Racist and sexist comments, or other behaviour that makes CASA's services feel less safe, are not tolerated.

The Older Persons' Service provides training and consultancy to other professionals and organisations that work with older people.

All our training is tailor made and is designed to accurately meet individual and/or organisational need. Training sessions are based upon a staff audit, conducted in advance of the event.

Our training packages include:

- Exploring the specific problems that arise when an older person misuses alcohol
- Understanding the needs of individuals with these problems
- Exploring and developing methods of working with this client group

CASA

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CASA

**Older Persons'
Service**

*Help for over
55's who have
difficulties
with alcohol.*

Charity number 275334
Registered company number 1351584